KA152-YOU • YOUTH EXCHANGE INFOPACK

BRIDGE4EU VALUES
KA152 Youth Exchange
14–21 December 2026
Arad, Romania



Coordinated by Fırat University
Hosted by Aurel Vlaicu University of Arad
Türkiye • Poland • Romania

ABOUT BRIDGE4EU VALUES:

Bridge4EU Values brings together young people from Türkiye, Poland and Romania to explore the fundamental values of the European Union through non-formal learning, intercultural dialogue and active participation.
Through workshops, creative activities, discussions and cultural exchange, participants will explore human dignity, freedom, democracy, equality, the rule of law and human rights while developing communication, teamwork, leadership and intercultural skills.

40 Young Participants
8 Group Leaders
4 Universities
3 Countries

PARTNER UNIVERSITIES

TÜRKİYE	**Fırat University • Coordinator**
TÜRKİYE	**Atatürk University • Partner**
POLAND	**Akademia Nauk Stosowanych WSGE im. A. De Gasperi w Józefowie • Partner**
ROMANIA	**Aurel Vlaicu University of Arad • Host institution and Partner**

WHAT WE WANT TO ACHIEVE

Shared values Make EU fundamental values meaningful through real situations and discussion.	**Intercultural dialogue** **Build mutual understanding among young people from different cultural backgrounds.**
Active citizenship Encourage participation, responsibility and democratic decision-making.	**Personal growth** **Develop confidence, communication, empathy, creativity and leadership.**
Inclusion Create an accessible international experience for young people facing geographic or economic barriers.	**Future engagement** **Motivate participants to join or develop future Erasmus+ and youth initiatives.**

WELCOME TO ARAD!!!







Arad is a historic university city in western Romania, known for its elegant central architecture, broad boulevards and strong cultural identity. During the mobility, the city will serve not only as the venue, but also as part of the intercultural learning experience.

HOST INSTITUTION

Aurel Vlaicu University of Arad

- State university based in Arad, with 9 faculties.
- The University Rectorate is located on Revoluției Boulevard, close to the City Hall.
- The host institution will support local logistics, learning activities and the on-site experience.
- Exact activity rooms and meeting points will be confirmed before arrival.

QUICK ORIENTATION

Country: Romania
Local currency: Romanian leu (RON)
Local language: Romanian
Winter time: Eastern European Time (UTC+2)
Emergency number: 112

WHAT TO EXPECT

The exchange uses non-formal education: learning by doing, discussing, creating and reflecting. The final daily timetable may be adjusted by the organisers, but the learning journey will follow the themes below.

WELCOME & TEAM BUILDING Official opening, introductions, icebreakers and trust-building activities.	**EU VALUES & HUMAN RIGHTS** Interactive sessions and short-film discussions on dignity, equality, freedom and rights.
CASE STUDIES & ROLE PLAY Real-life scenarios, creative drama and problem solving from multiple perspectives.	**DEMOCRACY & PARTICIPATION** Group discussions, simulations and shared decision-making around active citizenship.
DIGITAL & CREATIVE WORK Canva posters, storytelling and collaborative work for the “EU Values Through the Eyes of Young People” e-book.	**INTERCULTURAL EVENINGS** Music, traditions, food, games and cultural sharing from Türkiye, Poland and Romania.

INDICATIVE LEARNING FLOW

1 CONNECT Meet the group, discover the project and build a safe learning space.	2 EXPLORE Work with EU values through discussion, films, cases and simulations.	3 CREATE Turn ideas into posters, stories and collaborative digital outputs.	4 REFLECT Review learning, share feedback, document outcomes and celebrate.

YOUR LEARNING OUTCOMES

Daily reflection Short reflection sessions and group feedback will help you recognise what you are learning each day.	Youthpass Learning outcomes will be documented through Youthpass at the end of the mobility.

BEFORE YOU GO

DATES 14–21 December 2026	**DESTINATION** Arad, Romania
WORKING LANGUAGE English	**HOST** Aurel Vlaicu University of Arad

PARTICIPATION EXPECTATIONS

- Take part in the full programme and arrive on time for activities.
- Respect cultural differences, group agreements, venues and local rules.
- Contribute actively to group work, reflection and dissemination activities.
- Stay in contact with your group leader and help create a safe, inclusive environment.

PACKING CHECKLIST

- Passport / ID and required travel documents
- Warm winter coat and layered clothing
- Comfortable closed or waterproof shoes
- Personal medication and basic toiletries
- Phone charger / power bank
- Reusable water bottle and a small day bag
- Notebook / pen for reflection activities
- Any accessibility or health items you personally need
- Items for your national / intercultural evening
- An open mind, curiosity and willingness to take part

Bridge4EU Values

TRAVEL, ACCOMMODATION & SUPPORT

Travel Follow the route and ticket instructions shared by your sending institution. Final arrival and local transfer details will be confirmed before departure.	**Accommodation** Participants will stay in safe, comfortable accommodation close to the activity area. Exact hotel/room details are still to be confirmed.
Insurance & safety Participants will be covered by the required health, accident and third-party liability arrangements. Group leaders will provide on-site support.	**Food & special needs** Dietary requirements, allergies, health conditions and accessibility needs should be communicated to the project team in advance.

SEE YOU IN ARAD!